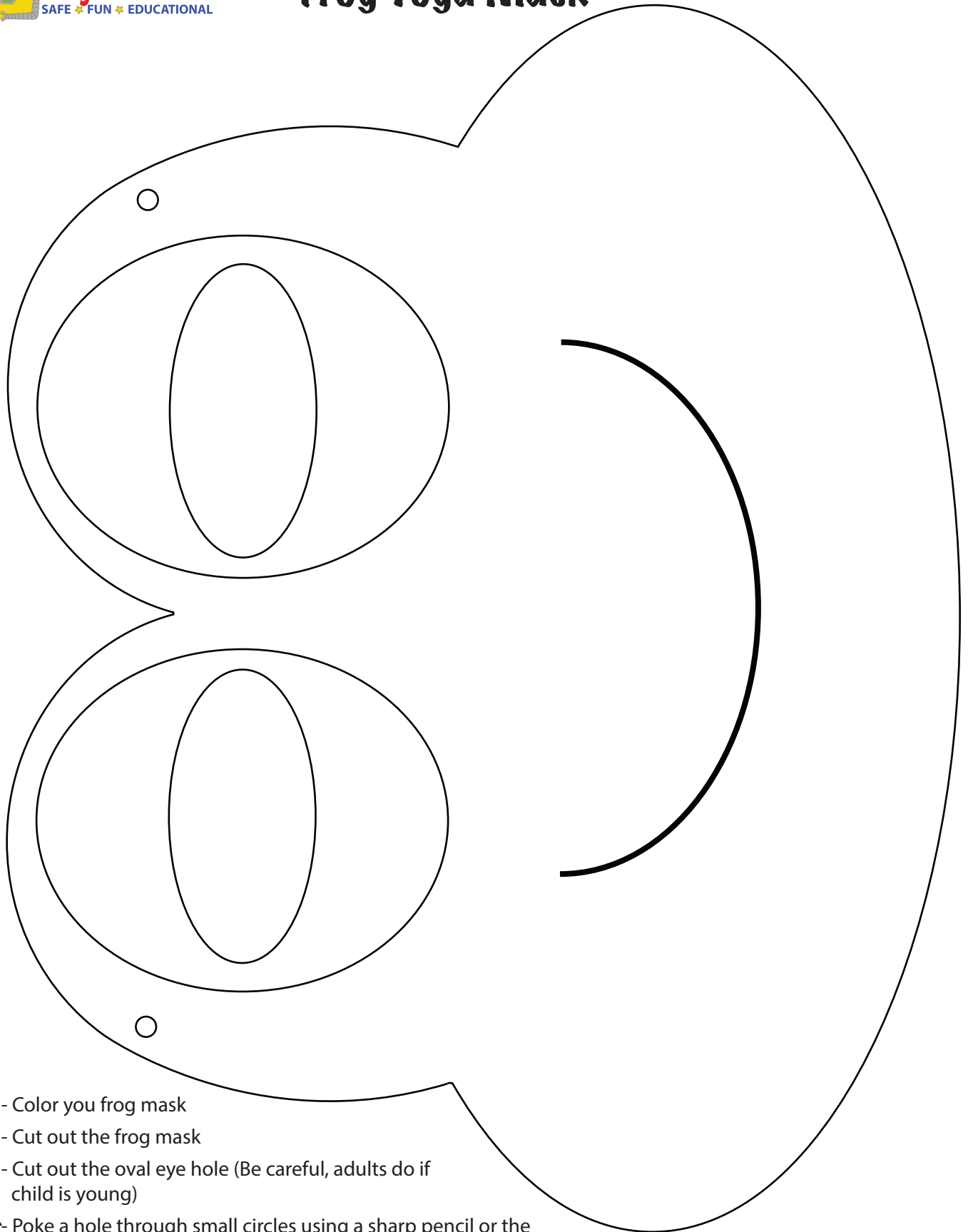


Frog Yoga Mask



Step 1 - Color your frog mask

Step 2 - Cut out the frog mask

Step 3 - Cut out the oval eye hole (Be careful, adults do if child is young)

Step 4 - Poke a hole through small circles using a sharp pencil or the end of the scissors (Be careful, adults do if child is young)

Step 5 - Cut a piece of yarn or string large enough to go around child's head and tie to either side of mask. You might need to reinforce this with tape!